

Medical Weight Management Package

Indications for Medical Weight Management:

BMI \geq 23 and

Concurrent Problems of: Menstrual dysfunction, subfertility, sleep apnea, chronic disease (diabetes, cholesterol and hypertension), fatty liver, gallbladder stones, hypothyroidism, osteoarthritis of the knees, ankle and back, psoriasis and asthma.

Minimum Age:

from 21 years old

Efficacy:

upto 5 kg per month, depend on individuals

Services Include:

2-3 monthly follow-up consultation

Medications such as appetite suppressant

Screening for PCOS and hypothyroid

Assessment of Blood Pressure

Assessment of personal habits / knowledge

Potential Side effects:

dry mouth, nervousness and insomnia

Payments:

Cash / Nets or Credit Card

Medisave Deductible:

No. Except obesity related to arthritis

